



Workshop	Date
Protect Your Neck—Chokehold Escape Theory and Application	Tuesday, April 5, 2022
Protect Your Neck—Chokehold Escape Theory and Application	Tuesday, April 19, 2022
First Mover Advantage – Initial Strikes to Gain Control	Tuesday, May 3, 2022
First Mover Advantage – Initial Strikes to Gain Control	Tuesday, May 17, 2022
Avoiding Knockouts	Tuesday, June 7, 2022
Avoiding Knockouts	Tuesday, June 21, 2022
Close-Range Control: Countering Drags, Grabs, and Positional Theory	Tuesday, July 5, 2022
Close-Range Control: Countering Drags, Grabs, and Positional Theory	Tuesday, July 19, 2022
Gaining Inside Position and Taking the Back	Tuesday, August 2, 2022
Gaining Inside Position and Taking the Back	Tuesday, August 16, 2022
Head Control: Ways to Mitigate and Reverse Control to Gain Advantage	Tuesday, September 6, 2022
Head Control: Ways to Mitigate and Reverse Control to Gain Advantage	Tuesday, September 20, 2022
Ground Fighting: Escaping Dangerous Positions, Cross-side, and Mount	Tuesday, October 4, 2022
Ground Fighting: Escaping Dangerous Positions, Cross-side, and Mount	Tuesday, October 18, 2022
Ground Fighting: Defend With Clamp Guard and Closed Guard	Tuesday, November 1, 2022
Ground Fighting: Defend With Clamp Guard and Closed Guard	Tuesday, November 15, 2022
Knife and Counter-knife: Protect Against Knife Attacks to Increase Survivability	Tuesday, December 6, 2022
Knife and Counter-knife: Protect Against Knife Attacks to Increase Survivability	Tuesday, December 20, 2022
Improvised and Less-lethal Weapons	Tuesday, January 3, 2023
Improvised and Less-lethal Weapons	Tuesday, January 17, 2023